

SOULSAFE BASIC

PSYCHOLOGICAL AND SPIRITUAL FIRST AID
TRAINING



Soulsafe Basic teaches the effects of extreme stress on a person's mind, body and soul and provides tools that build resilience for both victim and helper.

This training is for everyone. Learn language, prayer and stress reducing techniques that will be encouraging and helpful to a victim. Learn the danger of secondary stress and common signs and symptoms to watch for after listening and interceding for another. Participants are given a biblical foundation for responding to trauma.

Saturday February 27, 2021

Workshop starts promptly at 9:00am

\$40 per person includes all training materials

This training will be held remotely and is being hosted by: Sanctuary at Woodville, a Christian spiritual formation & retreat center in Hopkinton, MA.

SOULSAFE *Training Locally for Local Disasters*

**SATURDAY
FEBRUARY 27, 2021**

**9AM TO NOON BY
ZOOM MEETING**

**\$55 PER PERSON
INCLUDES TRAINING
MATERIALS**

**REGISTER
SANCTUARYATWOODVILLE
.ORG/SOULSAFE**

**CHURCH STAFF,
VOLUNTEERS, PEOPLE
CARING FOR PEOPLE –
EVERYONE WILL
BENEFIT FROM THIS
TRAINING**

YOUR TRAINER IS

NATALIE LARSON

EXECUTIVE DIRECTOR OF
SOULSAFE