

SOULSAFE BASIC

PSYCHOLOGICAL AND SPIRITUAL FIRST AID TRAINING



Soulsafe Basic teaches the effects of extreme stress on a person's mind, body and soul and provides tools that build resilience for both victim and helper.

This training is for everyone. Learn language, prayer and stress reducing techniques that will be encouraging and helpful to a victim. Learn the danger of secondary stress and common signs and symptoms to watch for after listening and interceding for another. Participants are given a biblical foundation for responding to trauma.

An additional module has been added to this training for COVID19 Recovery and Resiliency.

Saturday (August 29th, 2020)

Registration begins at 8:30am. Workshop 9am to 4pm

\$59 per person includes lunch and all training materials

The Sanctuary at Woodville
249 Wood Street
Hopkinton, MA 01748

SOULSAFE *Training Locally for Local Disasters in Stress Management*

**SATURDAY
AUGUST 29TH, 2020**

8:30AM – 4PM

**\$59 PER PERSON
INCLUDES LUNCH,
TRAINING MATERIALS**

.SANCTUARYATWOODVILLE.ORG

**LIMITED TO 12 IN
PERSON**

**CHURCH STAFF,
VOLUNTEERS, PEOPLE
CARING FOR PEOPLE –
EVERYONE WILL
BENEFIT FROM THIS
TRAINING**

YOUR TRAINER IS
NATALIE LARSON
EXECUTIVE DIRECTOR OF
SOULSAFE